



AIM Coordinator (tw-c)
U.S. Coast Guard Academy
31 Mohegan Avenue
New London, CT 06320

860-444-8503 (phone)
860-701-6700 (fax)

www.uscga.edu
AIM@uscga.edu

*For EXACT dates, visit
<https://www.uscga.edu/aim/>

Planning Checklist

- ☐ Register for the session of your choice (beginning of May)- first come, first serve basis
- ☐ Submit scholarship application form (middle of May)- if financial need exists
- ☐ Make payment of \$750.00 (end of May)
- ☐ Obtain a personal copy of your Medical Insurance Card
- ☐ Download, complete and email forms to AIM@uscga.edu (end of May)
 - ☐ Medical Release and Emergency Contact (Physician signature and office stamp required)
 - ☐ AIM Program Scholarship Request Form (case-by-case; submit only if needed)
 - ☐ Copy of Medical Insurance Card
 - ☐ Image Release Form
 - ☐ Complete Travel Survey (mid-June)

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Email:
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Packing Checklist

Clothing

- ☐ (5) Short sleeve, loose fitting plain T-shirts (Dark Navy). Minimal appropriate graphics are authorized but plain shirts are encouraged.
- ☐ (3) Pairs of loose fitting athletic shorts (**Long enough that undergarments or compression shorts are not visible.**)
- ☐ (2) Pairs of compressions shorts (optional)
- ☐ (7-10) Pairs of underwear
- ☐ (7-10) Pairs of white athletic socks
- ☐ (1) Swimsuit - **Women:** one-piece
Men: no speedos
- ☐ (1) Broken-in running shoes
- ☐ (1) Shower shoes or flip flops
- ☐ (1) Sweatshirt (optional but recommended)
- ☐ (1) Sweatpants (optional but recommended)
- ☐ (1 or 2) Towels
- ☐ Washcloths (optional)
- ☐ Pajamas/Sleepwear

Supplies and Forms

- ☐ One set of twin sheets (regular length) with pillow case, blanket or sleeping bag. CGA will only provide a pillow.
- ☐ Toiletry articles and Toiletry Bag.
- ☐ Glasses, contacts/solution, and spares (as needed).
- ☐ Prescription medication (if needed) & physician's letter (necessary if bringing medication)
- ☐ (1) Sunscreen SPF 30+
- ☐ Wristwatch (optional) - Note: Smart Watches are NOT permitted.
- ☐ Medical Insurance Card
- ☐ Military ID (if eligible to carry) / Valid ID
- ☐ Spare copies of AIM enrollment forms and travel information (including flight information)

Combination lock or padlock for luggage (optional).
Journal, religious devotional, book (optional - limit of 3 total).