Planning Checklist

☐ Register for the session of your choice (beginning of May)- first come, first serve basis
☐ Submit scholarship application form (middle of May)- if financial need exits
☐ Make payment of $750.00 (end of May)
☐ Obtain a personal copy of your Medical Insurance Card
☐ Obtain a personal copy of your COVID-19 Vaccination Card
☐ Download, complete and email forms to AIM@uscga.edu (middle of June)
  ☐ Medical Release and Emergency Contact (Physician signature and office stamp required)
  ☐ Copy of COVID-19 Vaccination Card
  ☐ Copy of Medical Insurance Card
  ☐ Travel Survey - linked here and will also be sent via email
  ☐ Image Release

U.S. Coast Guard Academy
31 Mohegan Avenue
New London, CT 06320

AIM Coordinator (tw-c)
U.S. Coast Guard Academy
31 Mohegan Avenue
New London, CT 06320

860-444-8503 (phone)
860-701-6700 (fax)

www.uscga.edu
AIM@uscga.edu

*For EXACT dates, visit https://www.uscga.edu/aim/

Packing Checklist

Clothing

☐ (5) Short sleeve, loose fitting plain T-shirts (Dark Navy). Appropriate athletic symbols (Nike Swoosh, Adidas or Under Armor) are authorized.
☐ (3) Pairs of loose fitting athletic shorts (Long enough that undergarments or compression shorts are not visible.)
☐ (2) Pairs of compressions shorts (optional)
☐ (7-10) Pairs of underwear
☐ (7-10) Pairs of white athletic socks
☐ (1) Swimsuit - **Women**: one-piece
**Men**: no speedos
☐ (1) Broken-in running shoes
☐ (1) Shower shoes or flip flops
☐ (1) Sweatshirt (optional)
☐ (1) Sweatpants (optional)
☐ (1 or 2) Towels
☐ Washclothes (optional)
☐ Pajamas/Sleepwear

Supplies and Forms

☐ One set of twin sheets (regular length) with pillow case, blanket or sleeping bag. **CGA will only provide a pillow.**
☐ Toiletry articles and Toiletry Bag
☐ Glasses, contacts/solution, and spares (as needed)
☐ Prescription medication & physician’s letter
☐ (1) Sunscreen SPF 30+
☐ Wristwatch (optional) - Note: Smart Watches are NOT permitted
☐ Combination lock or padlock for luggage (optional)
☐ Journal, religious devotional, book (optional - limit of 3 total)
☐ Medical Insurance Card
☐ COVID-19 Vaccination Card
☐ Military ID (if eligible to carry)
☐ Spare copies of AIM enrollment forms