



AIM Coordinator (tw-c)
U.S. Coast Guard Academy
31 Mohegan Avenue
New London, CT 06320

860-444-8503 (phone)
860-701-6700 (fax)

www.uscga.edu
AIM@uscga.edu

*For EXACT dates, visit
<https://www.uscga.edu/aim/>

Planning Checklist

- Register for the session of your choice (beginning of May)- first come, first serve basis
- Submit scholarship application form (middle of May)- if financial need exists
- Make payment of \$750.00 (end of May)
- Obtain a personal copy of your Medical Insurance Card
- Download, complete and email forms to AIM@uscga.edu (middle of June)
 - Medical Release and Emergency Contact (Physician signature and office stamp required)
 - AIM Program Scholarship Request Form (case-by-case; submit only if needed)
 - Copy of Medical Insurance Card
 - Complete Travel Survey
 - Image Release Form

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Packing Checklist

Clothing

- (5) Short sleeve, loose fitting plain T-shirts (Dark Navy). Appropriate athletic symbols (Nike Swoosh, Adidas or Under Armor) are authorized.
- (3) Pairs of loose fitting athletic shorts (**Long enough that undergarments or compression shorts are not visible.**)
- (2) Pairs of compressions shorts (optional)
- (7-10) Pairs of underwear
- (7-10) Pairs of white athletic socks
- (1) Swimsuit - **Women:** one-piece
Men: no speedos
- (1) Broken-in running shoes
- (1) Shower shoes or flip flops
- (1) Sweatshirt (optional)
- (1) Sweatpants (optional)
- (1 or 2) Towels
- Washclothes (optional)
- Pajamas/Sleepwear

Supplies and Forms

- One set of twin sheets (regular length) with pillow case, blanket or sleeping bag. CGA will only provide a pillow.
- Toiletry articles and Toiletry Bag.
- Glasses, contacts/solution, and spares (as needed).
- Prescription medication & physician's letter
- (1) Sunscreen SPF 30+
- Wristwatch (optional) - Note: Smart Watches are NOT permitted.
- Combination lock or padlock for luggage (optional).
- Journal, religious devotional, book (optional - limit of 3 total).
- Medical Insurance Card
- Military ID (if eligible to carry) / Valid ID
- Spare copies of AIM enrollment forms